

Appendix 1
Young people involved in this Study

N.	Name used	Age	Accommodation	Occupation	Time in care	Support in Place
1	Mark	20	Residential unit	Course – living skills	Since the age of 2	Throughcare and Aftercare Council Team and staff from residential unit.
2	Laurie	18	Living with her mum but waiting for her own tenancy	Attending a course	Since the age of 9	Throughcare and Aftercare Council Team
3	Louise	20	Own tenancy	Course at college	Since the age of 15	Throughcare and Aftercare Council Team
4	Melanie	17	Own tenancy	Course at college	Since the age of 13	Throughcare and Aftercare Council Team
5	Rachel	17	Support/residential accommodation	Working	Since she was born	Throughcare and Aftercare Council Team and staff from residential unit.
6	Monty	17	Support/residential accommodation	Unemployed	Since the age of 4	Throughcare and Aftercare Council Team and staff from residential unit.
7	Marianne	17	Support/residential accommodation	Unemployed	Since the age of 12	Throughcare and Aftercare Council Team and staff from residential unit.
8	Alexia	20	Support/residential accommodation	Unemployed	Since the age of 2	Throughcare and Aftercare Council Team and staff from residential unit.
9	Adrian	19	Support/residential accommodation	Unemployed	Since the age of 14	Throughcare and Aftercare Council Team and staff from residential unit.

10	Ewan	20	Support/residential accommodation	Unemployed	Since the age of 6	Throughcare and Aftercare Council Team and staff from residential unit.
11	Anne	19	Homeless temporary flat/independent flat	Unemployed	Since the age of 13/14	Throughcare and Aftercare Council Team
12	Victor	18	Homeless hostel, about to move	Course	Since the age of 11	Supported by Homeless and Health Service.
13	Marta	18	Homeless accommodation – residential	Unemployed – looking for her first job	Since he was born	Throughcare and Aftercare Council Team and staff from unit
14	Tara	19	Independent flat/private letting	Unemployed - waiting for a course	Since the age of 14	Throughcare and Aftercare Council Team and staff from unit
15	Adele	19	Support/residential accommodation	Unemployed	Since the age of 15	Throughcare and Aftercare Council Team and staff from unit
16	Agatha	17	Support/residential accommodation –	Unemployed	Since the age of 6 months	Throughcare and Aftercare Council Team and staff from unit
17	Alana	21	Independent flat	College	Since the age of 14	Throughcare and Aftercare Council Team and staff from unit
18	Karen	21	Residential unit	Unemployed	Since the age of 13	Supported by adult services.
19	Carla	17	Residential unit	Unemployed	Since she was a child	Throughcare and Aftercare Council Team and staff from unit.
20	Calum	21	Support/residential accommodation –	Unemployed	Since she was a child	Residential Unit
21	Gabriel	21	Homeless	Unemployed	Since the age of 18 months (Adopted)	No support in place
22	Matthew	23	B&B	Unemployed	Since 10	Supported by Adult Services
23	Chloe	22	Living with her mum	Unemployed	Since the age of 8	Supported by Alcohol and Drugs Team
24	Clayton	22	Living with her mum	Unemployed	Since he was a child	Supported by Alcohol and

						Drugs Team
25	Cecilia	22	Living with partner	Unemployed	Since she was a child	No support in place
26	Lee	22	Living with partner in partner's mother's house	Unemployed	Since the age of 12	Criminal Justice System
27	Alexander	22	Independent flat	Unemployed	Since the age of 6	Supported by Alcohol and Drugs Team
Young people not suffering from Depression						
28	Stewart	16	Residential unit	Unemployed	<i>'Nearly all my life'</i>	Throughcare and Aftercare Council Team and staff from unit.
29	Hugh	16	Residential unit		Since the age of 15	Throughcare and Aftercare Council Team and staff from unit.
30	Stevie	16	Residential/supported flat	School	Since the age of 15	Throughcare and Aftercare Council Team and staff from unit.
31	john	18	Residential/supported flat	College	Since the age of 14	Throughcare and Aftercare Council Team and staff from unit.
32	Liana	17	Residential/supported flat	Unemployed	Since the age of 13	Throughcare and Aftercare Council Team and staff from unit.
33	Luanne	16	Residential unit		Since the age of 13	Throughcare and Aftercare Council Team and staff from unit.
34	Phil	20	supported flat	College	Since the age of 14	Throughcare and Aftercare Council Team and staff from unit.
35	Manuel	16	Residential/supported flat	Unemployed	Since the age of 12	Throughcare and Aftercare Council Team and staff from unit.